

Southern Southland Federation of WI



August 2024

Newsletter No 8

President: Christine Baird 762 Queens Drive Invercargill
Secretary: Robyn Ross 91 Glencoe Road RD 4 Gore
Treasurer: Norma Wilkey 127a St Andrew St Invercargill

Ph 032182283 & 0272285442
Ph 032038876 & 0272519760
Ph 032128971 & 0276086400

alanchris762@gmail.com
robynjeanross@gmail.com
ntw@xtra.co.nz

Theme: Softening The Hard Times.

Project: Nourish the Nation

Hi Everyone, I hope everyone is keeping warm, we have just come back from a cruise with my brother and 2 sisters and with our partners. We went around the Island for 13 days getting on the ship at Auckland. The food was great and plenty of it, there was entertainment each night and there was something for you to do when we were at sea. We were very lucky to get off the ship at Norfolk Island as the sea was quite rough and we all managed to get on and off the tenders. Coming home was a big shock with the weather from a bathing suit to merino. – Yours in Friendship Christine

Riverton WI Snippets -:

Riverton hold meetings at members homes and sometimes lunch out. Anne has had two knee replacements. 50 beanies were given to the Riverton Day Care. We also have attended Southland WI Days when able.

Motto – Nothing gets a house clean quicker or better than a women about to blow her gasket.

Joyce's never failed Pineapple Fruit cake.

1 cup sugar – 15oz Can Pineapple Crushed – 500grm Fruit – 1 tsp BS – 1 tsp mixed spice – 40z butter – 2eggs - 1 cup flour – 1 cup SR flour.

Put sugar, pineapple, spice, fruit, B Soda and butter in a pot – Boil for 3 mins – Remove from heat – Cool.

Sift flour together mix in cold fruit mixture add eggs. Bake in 8 inch tin for 1 1/2 hours at 180.

Movie Day.

When the of survey was sent out to the Institutes for ideas from the Federation, one of the things suggested was a Movie Day. So, we are having a Movie Day on Thursday 26 September 2024 at The Masonic Centre 50 Elles Road Invercargill. This will be a DVD shown on the Lodge TV. This is starting at 1.30 costing \$10.00. There will be a surprise at half time. The Movie is called "80 for Brady". This is a hilarious and heartfelt comedy inspired by a true story of friendship and adventure. Four long-time friends set out on an unforgettable journey to see their hero. Best friends get into the best kind of trouble starring Lily Tomlin, Jane Fonda, Rita Moreno, Sally Field and Tom Brady. This is a chick flick. Please have numbers and money into Norma by Friday 20th September. As we want the numbers for little treats while watching the movie. Bring a friend if you wish.

Mulvey Trophy

Please can the Institutes have their names in for Good Service Badge and long service badges, into the secretary by Thursday 26 September (Movie Day) as we might have to order some badges.

Also please can you send your Annual reports into the secretary or give them to an Executive member by the Thursday 26 September.

Trophies – Please return your trophies clean by Thursday 26 September, bring them to the movie day or give them to an Ex member.

At 10.00am Morning tea will be provided for all Institute members. Tables to be set up between 9.30 and 10.00am. 2 members only for setting up your tables. Individual competitions have to be present by 10.00am – More information about Mulvey Trophy will be in September newsletter.

Teddy Bears – Roll Call.

We hope that your knitting needles are clicking and making a lot of lovely teddy bears. Andrew Bradford from Fire and Emergency is going to come and collect them, plus give a short talk on what they do with the bears. 🐻

National AGM.

Save your pennies and come and join us for the National 104th AGM held in Hamilton. The theme is “Fight for our Future” and this is going to be in the weekend 24-25 May 2025.

Children’s / Grandchildren’s /Grab or hire a child.

This day has been cancelled because a lack of interested ☹️

National Newsletter.

If you have read your newsletter you would have read about the High Afternoon tea event on February 2025. The Executive have read this and think it is a wonderful idea but the members of Executive were thinking that for Southern Southland it might not be feasible as most of Executive are unable to attend that weekend we will have a short fall of active members. Executive were thinking we could have special Sales table at Mulvey Trophy. If you want to have a high afternoon tea you can still do this in your own Institute that will be great money going to National. We will be talked about this at Mulvey Trophy day and we can get your thoughts. Please discuss this in your Institute and bring your ideas back to us on M/T day.

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Executive Snippets – This month it Robyn McCallum our Vice President.

Swede Soup

2 Bacon Rashers	25 grams Butter	1 Tbsp olive oil or butter
2 Tbsp flour or cornflour	1 onion	1 ½ cups Milk
2 cloves garlic	½ tsp salt	½ carrot
1 celery stalk	2 Tbsp cream cheese	½ cup cream (optional)
400g swede	2 cups chicken stock	Freshly ground black pepper
¼ tsp nutmeg (optional)	1 tsp sugar	

Remove rind from bacon, chop the rest finely then cook with the rind in the pot with oil and butter Stir in the chopped onion, garlic and celery and cook over a low heat until tender without browning While the vegetables “sweat” add the peeled/chopped swede in a pot with the stock, sugar, ground pepper and nutmeg. Simmer until tender.

Remove and discard the bacon rind, transfer the veggies with a little liquid to a food processor adding cream cheese and process until smooth (save the rest of the liquid)

In another pot make a roux sauce; melt butter and add flour and cook for 30 seconds then add half the milk and bring to boil stirring all the time.

When thick and smooth, add the rest of milk and veggies cooking liquid. Add the swede puree and season carefully, add cream if desired.

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Dates to remember -:

Movie day – 26 September

Trophy and cups – 26 September

Mulvey Trophy – 31 October

High Afternoon tea – Saturday 22nd or Sunday 23rd 2025.

National AGM – May 24-25 2025