



NORTHERN & HAWKES BAY FEDERATION OF WOMEN'S INSTITUTE

AUGUST 2024 NEWSLETTER

The half yearly meeting was a great success, and I am sure all who attended would agree that Yvonne Monk was an excellent speaker and I know many of us would love to have a day out to visit her farm, maybe next year. The competition entries were much better than last year, and the afternoon tea enjoyed by all.

Last week four members from Northern Hawkes Bay went to Takapau for their 100 years luncheon and we had a great day out. They had a bottle auction and Op Shop Fashion Parade, a good catch up with our sister Federation.

Events coming up and dates to remember are the mystery bus trip in September, the flower show in November and the bowls tournament in February.

The bus has been booked for the mystery trip on 26th September. Some exciting places to go and your Federation have now set the price at \$35 per person and you will need other spending money as well. The trip will include a 2-course lunch in the price. The bus will be leaving sharp at 8.45am so you will need to plan to be at Anderson Park car park off Auckland Road by 8.30am. Each Institute will be responsible for collecting names to be into Federation by the 2nd of September and money from each branch to be paid into Federation bank account by the 17th of September.

The details for the flower show will come out in the next newsletter as your Federation is working on some interesting categories for you all to enter. There will be other competitions for handwork etc so if you don't have a garden you are not excluded.

A little extra for this month is a recipe, from one of our Federation members, a very yummy loaf.

Fruit Loaf, Times 2 (one for eating and one for the freezer)

400 gms mixed fruit, 400 gms sultanas, 1 Jelly (any flavour), 2 tablespoons golden syrup, 2 teaspoons baking soda.

50 gms butter melted by 2 cups boiling water

Add 4 cups flour, 2 teaspoons baking powder and 1 teaspoon mixed spice.

Mix together and pour into 2 loaf tins. Bake 50/60 minutes.

The blossoms are starting to come out and spring flowers are once again in the gardens, so spring is on the way, keep safe and warm.

June & Varna